

OUTINGS THIS MONTH

- 4th.....Bus Ride
- 5th.....Wal-Mart
- 6th.....Wal-Mart
- 11th....Bus Ride
- 12th....K-Mart
- 13th....Red Robin
- 18th....Bus Ride
- 19th....Target
- 20th....County Grill
- 25th....Bus Ride
- 26th....Photography Club
Field trip/lunch at
Norfolk's Pagoda &
Oriental Garden
- 27th....Dollar Tree



Portraits by Emily

Residents and their families are invited to have their portraits done for FREE at Mennowood on Monday, Sept. 9th 10:00—12:00 in the main living room. Emily, our receptionist, is a talented photographer and would like to share that talent with us! Individuals, couples, and entire families are welcome!



- 9/3....Ada Ward
- 9/9....Walter Brauckmann
- 9/12....Cecilia Stroud
- 9/13....Jackie Burroughs
- 9/19....George Johnson
- 9/20....Barbara Pigford
- 9/28....Sylvia Parker
- 9/30....Violet Hayes

Adventures in Art

“Adventures in Art” is an art-making program that encourages experimentation with various types of media, tools and everyday objects. Each guided abstract art project provides an outlet for creativity, self-expression and success. This small group meets on most Fridays and is open to residents of various levels of cognition and abilities.

Be sure to look for our “Adventures in Art” display at the Art Show on Sept. 11th. at 4:00—6:00 pm.

NATIONAL ASSISTED LIVING WEEK
SEPTEMBER 8th—14th



MANAGEMENT TEAM

Jon Aldridge
Administrator

Brenda McCullen
Director of Nursing

Corey Carroll
Business Office Manager

Lauren Morris
Director of Dining Services

Chrissy Bell
Director of Activities

Sandra Kay Cardaropoli
Director of Community Relations

Thelma Shaffer
Director of Marketing & Admissions

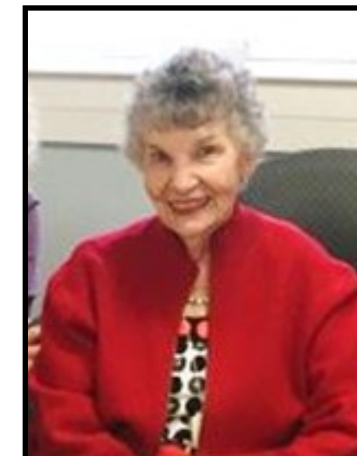
Theron Sherrod
Director of Maintenance

Birthday & Recognition
Celebration with entertainment
by ROBERTO on Sept. 25th at 2:00

Mennowood News

Mennowood Retirement Community
13030 Warwick Boulevard / Newport News, VA / 757-249-0355

Resident of the Month Barbara Pigford



During the month most associated with back-to-school time, it seems only fitting that our Resident of the Month is a teacher. She was also a supervisor and assistant to the Colorado Springs school system's superintendent.

Barbara Pigford joined the Mennowood family a little over 4 years ago. She is caring, encouraging and enjoys helping others. She also has a wonderful sense of humor!

**CONGRATULATIONS
BARBARA!**

Employee of the Year Meagon Johnson

August was our Employee Appreciation Month here Mennowood! The highlight of the whole month was awarding our Employee of The Year. We are honored to congratulate Meagon Johnson, CNA as our 2019 Employee of The Year!

Meagon's peers voted her Employee of the Year because of her unfailing dedication to our residents in Memory Care. Meagon knows her residents as well as anyone, and always puts their needs first. Families have shared that they rest a little easier knowing that Meagon is caring for their loved one. This type of service and dedication is a perfect example of what Mennowood is all about.

Thank you Meagon for all you do!

In Loving Memory

Richard Tucker
Dallas Miller

A Memorial Service will
be held on

Tuesday, September 24th
at 2:00 pm
In the West Living Room

Join us in remembering
these dear friends

DAILY EVENTS FLIERS

Please check these bulletins boards for daily activities, upcoming events, special announcements and schedule changes:

1. By the main (West) living room.
2. End of hallway by laundry room.
3. By East living room/elevator
4. By mailboxes in Independent Living
5. By home health office in Independent Living.

ACTIVITY FLIERS ARE POSTED
EACH DAY.

CHECK OUT THESE NEW ACTIVITIES

17th—"Science for Seniors"

Fun Facts, Trivia, Video &
Hands-on experiments.

24th —"Legacy Writing Group"

Guided writing of your memories.

FAMILY BINGO

Residents & their family members get
together to play Bingo!

Monday, September 16th at 6:00 pm
in The Commons

Welcome

NEW RESIDENTS

Linda Schonk
Marlene Kennedy



**"By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer."**

—Helen Hunt Jackson

ART SHOW

Wednesday, September 11th
4:00—6:00 pm
In The Commons

Come experience some Mennowood talent!
All residents, family members, and staff are
encouraged to submit paintings, drawings,
photography, needlepoint, etc..
for display in the Art Show. All
artwork should be delivered to
the Activity Department no later
than 4:00 pm on 9-10-19.



LIVING WITH ALZHEIMER'S SUPPORT GROUP

At the request of residents with loved ones
suffering from Alzheimer's/dementia that
also live at Mennowood, we are offering a
support group that will meet twice a
month. This group is open to ALL residents
and family members of Mennowood
residents interested in learning more about
Alzheimer's disease.

TUESDAY, SEPTEMBER 10th at 5:30 pm
TUESDAY, SEPTEMBER 24th at 5:30 pm
In the Conference Room

Light Refreshments will be served.

Volunteer Spotlight

LOIS KIRBY

Long-time resident, Lois Kirby, was a
Mennowood volunteer long before she
became a resident! When she visited
Mennowood many years ago, she just knew
that one day it would be her home.

Lois coordinates and schedules our Sunday
services, ensuring that we always have a day
of worship. She also plays piano for these
services when needed. She plays piano for
Praise & Prayer on Mondays and Memorial
Services. She has also recruited a
wonderful pianist to fill in and alternate
services with her when she is unable to play.

Mrs. Kirby serves us faithfully. Someone
recently figured the hours she has played
piano for Mennowood. It has been
approximately 10,000 hours!

Lois graciously honors requests to play just
about any time we need her. Playing piano
is just one of ways she offers help, but there
is not enough room in this column to go on!

Thank you Mrs. Kirby for all that you do! You
are appreciated more than you know!