


ASSISTED LIVING
INDEPENDENT LIVING

November 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p> <p>SUPPLIES ARE ACCOUNTED FOR AND STORED AFTER EACH ACTIVITY</p>		<p>DURATION OF ACTIVITIES: Each activity lasts for 30 minutes, unless noted otherwise. (1) = 1 hour</p>	<p>LOCATION KEY: C=Commons W=West Living Room D=Dining Room E=East Living Room ACR=Arts & Crafts Room CR= Conference Room</p>	<p>CY=Courtyard IL = Independent Living 2W = 2nd floor on West Side 2E = 2nd floor on East Side 3E = 3rd floor on East Side</p>	<p>1 10:00 Cornhole (1) C 11:00 Random Trivia C 1:00 Bus Ride (1) 2:00 Music by Jack (1) D 3:30 Yoga & Meditation C</p>	<p>2 9:30 Art Sheets or Word Puzzle ACR 10:30 Hymn Singing(1) W 1:30 Bingo with Sheryl (1) D 2:15 Coffee & Trivia 3E 3:00 Visit by the Fireplace W</p>
<p>3 Daylight Saving Time Ends 10:00 Morning Devotion & Word Puzzle ACR 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>4 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 2:00 Mennowood Belles (handbell practice) C 3:30 LCR Dice Game (1) ACR 6:00 Visit on the Porch</p>	<p>5 Election Day 10:00 Exercise w/ Weights C 10:00 Catholic Communion CR 10:30 Fit Minds (1) C 1:30 Therapy Dogs Visit C 3:30 Book Club (45 min) CR 3:30 Prayer Group (1) W</p>	<p>6 10:00 Bible Study (90min) CR 10:00 Dollar Tree (90min) 1:30 Bingo (1) D 1:30 Arts & Crafts with Suzanne (1) ACR 3:00 Yoga & Meditation C 3:30 Beth & "Skipper" C</p>	<p>7 10:00 Exercise w/ Weights C 10:30 November IQ Trivia C 11:00 Walking Group 2:00 Mike Haywood (1) C 3:30 Art Sheets ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>8 10:00 Cornhole (1) C 11:00 Finish the Analogies C 1:00 Bus Ride (1) 2:00 Men's Club (1) ELR 2:00 Painting w/Purpose (1)ACR 3:30 Yoga & Meditation C</p>	<p>9 9:30 Art Sheets or Word Puzzle ACR 10:30 Hymn Singing(1) W 1:30 Bingo with Sheryl (1) D 2:15 Coffee & Word Game 2E 3:00 Visit by the Fireplace W</p>
<p>10 10:00 Worship with Shawn (1) W 2:00 Worship with Victory Life Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>11 Veterans Day 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 2:00 Billy Mitchell (1) D 3:30 Bucketball C 6:00 Chat by the Fireplace W</p>	<p>12 10:00 Leslie & Kittens (1) W 10:00 Catholic Communion CR 11:00 Poetry Reading W 2:00 Ambassador Meeting CR 3:30 Book Club (45 min) CR 3:30 Prayer Group (1) W</p>	<p>13 10:00 Devotion with Vicki (1) C 10:00 Candy's Baking Club (1)ACR 1:30 Bingo (1) D 1:30 Science for Seniors C 3:00 Yoga & Meditation C 3:30 Beth & "Skipper" C</p>	<p>14 10:00 Exercise w/ Weights C 10:30 Nov. Jeopardy Trivia C 11:00 Walking Group 2:00 Mike Haywood (1) C 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>15 10:00 Cornhole (1) C 11:00 What Am I? C 1:00 Bus Ride (1) 2:00 Ladies Tea (1) CR 3:30 Yoga & Meditation C</p>	<p>16 9:30 Art Sheets or Word Puzzle ACR 10:30 Hymn Singing(1) W 1:30 Bingo with Sheryl (1) D 2:15 Coffee & Reminiscing 2W 3:00 Visit by the Fireplace W</p>
<p>17 10:00 Morning Devotion & Word Puzzle ACR 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>18 10:00 Visit with "Boomer" C 10:30 Spin & Solve (1) C 2:00 Emergency Procedures Review (1) C 3:30 Handbell Practice C 6:00 Art Sheets ACR</p>	<p>19 10:00 Exercise w/ Weights C 10:30 Fit Minds (1) C 2:00 Painting w/Purpose (1) ACR 3:30 Book Club (45 min) CR 3:30 Prayer Group (1) W</p>	<p>20 10:00 Bible Study (90min) CR 10:00 Wal-Mart (90min) 1:30 Bingo (1) D 1:30 Arts & Crafts with Suzanne (1) ACR 3:00 Yoga & Meditation C 3:30 Beth & "Skipper" C</p>	<p>21 10:00 Exercise w/ Weights C 10:30 Rock 'n' Roll Trivia C 11:00 Walking Group 2:00 Mike Haywood (1) C 3:30 Art Sheets ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>22 10:00 Cornhole (1) C 11:00 Activity/Menu Planning C 1:00 Bus Ride (1) 2:00 Monthly Celebration Sentimental Journeys (1) D 3:30 Yoga & Meditation C</p>	<p>23 9:30 Art Sheets or Word Puzzle ACR 10:30 Hymn Singing(1) W 1:30 Bingo with Sheryl (1) D 2:15 Coffee & Crossword 3E 3:00 Visit by the Fireplace W</p>
<p>24 10:00 Worship with Shawn (1) W 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E</p>	<p>25 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 2:00 Roberto (1) D 3:30 Mennowood Belles (handbell practice) C 6:00 Word Puzzle ACR</p>	<p>26 10:00 Exercise w/ Weights C 10:00 Catholic Communion CR 10:30 Fit Minds (1) C 2:00 Memorial Service (1) D 3:30 Book Club (45 min) CR 3:30 Prayer Group (1) W</p>	<p>27 10:00 Bible Study (90min) CR 10:00 Chicken Soup Stories W 1:30 Bingo (1) D 1:30 Gratitude Journaling (writing & coloring) ACR 3:00 Yoga & Meditation C</p>	<p>28 Thanksgiving Day 10:00 Exercise w/ Weights C 10:30 Turkey Day Trivia C 11:00 Walking Group 11:30 Thanksgiving Dinner 1:30 Arts & Crafts w/Suzanne (90 min) ACR 3:30 Visit with Friends W</p>	<p>29 10:00 Cornhole (1) C 11:00 Words in a Word C 2:00 Bucketball 3:30 EZ Craft, Art Sheets, or Word Puzzles ACR 6:00 Visit by the Fireplace W</p>	<p>30 9:30 Art Sheets or Word Puzzle ACR 10:30 Hymn Singing(1) W 1:30 Bingo with Sheryl (1) D 2:15 Coffee & Coloring 2W 3:00 Visit by the Fireplace W</p>