




October 2024

COMFORT COVE Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	EVERY WEDNESDAY at 3:30 "Skipper" the dog visits in the Commons	1 9:30 Courtyard Stroll 10:30 Sit & Stretch / Snacks 11:30 Trivia: Famous People 1:00 Relaxing Music 2:00 Arts & Crafts: Fall Décor 3:00 Fluff & Fold / Sing Along 4:00 Brain Games: Opposites	2 10:00 Walkers & Wheelers 11:00 Exercise & Snacks 1:30 Bus Ride & Ice Cream 3:00 Words In A Word 4:00 Basketball 6:00 Me T.V (The Walton's)	3 10:00 Coffee & Donuts 10:45 Bible Study & Hymns 11:30 Bodies In Motion 1:00 Shirley Temple Movie 2:30 Word Search & Snacks 3:30 Fluff & Fold / Music 4:00 Reminiscing	4 9:30 Courtyard Stroll 10:30 Exercise with Weights 11:00 Snack & Sing Along 1:00 Audio Book Reading 2:00 Name & Food Game 3:00 Beauty Care: Hair & Nails 4:00 Fit Minds / Volley Balloon	5 10:00 Volleyballoon 11:00 Word Game 1:30 Bingo 3:00 Fluff & Fold, Puzzles or Art Sheets 4:00 Classic TV	
		6 10:00 Morning Devotion 11:00 Hymns 1:30 World Outreach Church 3:00 Puzzles 4:00 Fluff & Fold 6:00 Hallmark Family Movie	7 10:00 Fluff & Fold / Me T.V. 11:00 Sittercise & Snacks 1:00 Short Stories 2:00 Guess What? / Snacks 3:00 Word Search / Puzzles 4:00 Let's Talk: Mom & Dad	8 9:30 Courtyard Stroll 10:30 Sit & Stretch / Snacks 11:30 Audio Visual Trivia 1:00 Relaxing Music 2:00 Arts & Crafts: Fall Décor 3:00 Fluff & Fold / Sing Along 4:00 Brain Games: Vegetables	9 10:00 Walkers & Wheelers 11:00 Exercise & Snacks 1:30 Bus Ride & Candy Bars 3:00 Words In A Word 4:00 Kick Ball 6:00 Me T.V (The Walton's)	10 10:00 Coffee & Pastries 10:45 Bible Study & Hymns 11:30 Bodies In Motion 1:00 Romance Movie 2:30 Word Search & Snacks 3:30 Fluff & Fold / Music 4:00 Reminiscing	11 9:30 Courtyard Stroll 10:30 Exercise withWeights 11:00 Snack & Sing Along 1:00 Audio Book Reading 2:00 Music By James Curry (1) 3:00 Beauty Care: Hair & Nails 4:00 Fit Minds / Volley Balloon
13 10:00 Morning Devotion 11:00 Hymns 1:30 Classic TV 3:00 Puzzles 4:00 Fluff & Fold 6:00 Hallmark Family Movie	14 10:00 Fluff & Fold / Me T.V. 11:00 Sittercise & Snacks 1:00 Short Stories 2:00 Music By Bill Mitchell (1) 3:00 Word Search / Puzzles 4:00 Let's Talk : Children	15 9:30 Courtyard Stroll 10:30 Sit & Stretch / Snacks 11:30 Audio Trivia: States 1:00 Relaxing Music 2:00 Arts & Crafts: Painting 3:00 Fluff & Fold / Sing Along 4:00 Brain Games: Fresh Fruits	16 10:00 Walkers & Wheelers 11:00 Exercise & Snacks 1:30 Bus Ride & Ice Cream 3:00 Words In A Word 4:00 Corn hole 6:00 Me T.V (The Walton's)	17 10:00 Coffee & Donuts 10:45 Bible Study & Hymns 11:30 Bodies In Motion 1:00 Comedy Movie 2:30 Word Search & Snacks 3:30 Fluff & Fold / Music 4:00 Reminiscing	18 9:30 Courtyard Stroll 10:30 Exercise with Weights 11:00 Snack & Sing Along 1:00 Audio Book Reading 2:00 Monthly Celebration w/ Sentimental Journeys (1) 3:30 Brain Games	19 10:00 Volleyballoon 11:00 Word Game 1:30 Bingo 3:00 Fluff & Fold, Puzzles or Art Sheets 4:00 Classic TV	
20 10:00 Morning Devotion 11:00 Hymns 1:30 World Outreach Church 3:00 Puzzles 4:00 Fluff & Fold 6:00 Hallmark Family Movie	21 10:00 Fluff & Fold / Me T.V. 11:00 Sittercise & Snacks 1:00 Short Stories 2:00 Guess When? / Snacks 3:00 Word Search / Puzzles 4:00 Let's Talk: Relatives	22 9:30 Courtyard Stroll 10:30 Sit & Stretch / Snacks 11:30 Audio Trivia: Presidents 1:00 Relaxing Music 2:00 Arts & Crafts: Art Sheets 3:00 Fluff & Fold / Sing Along 4:00 Brain Games: Yes or No?	23 10:00 Walkers & Wheelers 11:00 Exercise & Snacks 1:30 Bus Ride & Cookies 3:00 Words In A Word 4:00 Volley Balloon 6:00 Me T.V (The Walton's)	24 10:00 Coffee & Donuts 10:45 Bible Study & Hymns 11:30 Bodies In Motion 1:00 Golden Girls 2:30 Word Search & Snacks 3:30 Fluff & Fold / Music 4:00 Reminiscing	25 9:30 Courtyard Stroll 10:30 Exercise with Weights 11:00 Snack & Sing Along 1:00 Audio Book Reading 2:00 Music By ROBERTO (1) 3:00 Beauty Care: Hair & Nails 4:00 Fit Minds / Volley Balloon	26 10:00 Volleyballoon 11:00 Word Game 1:30 Bingo 3:00 Fluff & Fold, Puzzles or Art Sheets 4:00 Classic TV	
27 10:00 Morning Devotion 11:00 Hymns 1:30 World Outreach Church 3:00 Puzzles 4:00 Fluff & Fold 6:00 Hallmark Family Movie	28 10:00 Fluff & Fold / Me T.V. 11:00 Sittercise & Snacks 1:00 Short Stories 2:00 Guess Who? / Snacks 3:00 Word Search / Puzzles 4:00 Let's Talk: Pets	29 9:30 Courtyard Stroll 10:30 Sit & Stretch / Snacks 11:30 Audio Trivia: FOOD 1:00 Relaxing Music 2:00 Arts & Crafts: Painting 3:00 Fluff & Fold / Sing Along 4:00 True or False?	30 10:00 Walkers & Wheelers 11:00 Exercise & Snacks 1:30 Bus Ride & Ice Cream 3:00 Words In A Word 4:00 Ring Toss 6:00 Me T.V (The Walton's)	31 10:00 Coffee & Donuts 10:45 Bible Study & Hymns 11:30 Bodies In Motion 1:00 Shirley Temple Movie 2:30 Word Search & Snacks 3:30 Fluff & Fold / Music 4:00 Reminiscing	ALL ACTIVITIES ARE SUBJECT TO CHANGE SUPPLIES ARE ACCOUNTED FOR AND STORED AFTER EACH ACTIVITY		<u>DURATION OF ACTIVITIES:</u> Each activity lasts for <u>30 minutes</u> unless noted otherwise. (1) = 1 hour