



March 2025

COMFORT COVE Memory Care

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1 10:00 Stretcherise
10:30 Sing Along (1) W
1:30 Bingo (1) D
3:00 Fluff & Fold, Puzzles
or Art Sheets
4:00 Classic TV

2 10:00 Morning Devotion
11:00 Hymns
1:30 World Outreach Church
3:00 Puzzles
4:00 Fluff & Fold
6:00 Hallmark Family Movie

3 9:30 Morning Walkers & Wheelers
10:30 Exercise w/ Barbara & Snacks
11:30 Fit Minds & Sing Along
1:00 Book Club Reading
2:00 Finish The Phrase & Snacks
3:00 Team Sports & Basketball

4 9:30 Donuts & Coffee & Chit Chat
10:30 Courtyard Stroll/Birds, Birds
11:30 Snacks & Bodies In Motion
1:00 Relaxing To Hymn Music
2:00 Brain Games & Snacks
3:00 Fresh Fruit BINGO

5 **Ash Wednesday**
10:00 Bible Study & Hymn Singing
11:00 Snacks / Sit And Stretch
1:30 Scenic Bus Ride & Ice Cream
3:00 Visual Trivia Animals
4:00 Word In A Word
6:30 Me T.V (The Walton's)

6 9:30 Nature Walk in the Courtyard
10:30 Snacks/ Noodle Exercises
11:30 Fluff & Fold / Music
1:00 Audio Book Reading
2:00 Let's Talk About Presidents
3:00 Finish The Christmas Lyrics

7 10:00 Fit Mind / Question Ball
11:00 Walkers & Wheelers/Snacks
1:00 Relaxing Hallmark Movie
2:30 Board Games & Snacks
3:30 Music Sing Along & Dancing
7:00 Wheel Of Fortune

8 10:00 Stretcherise
10:30 Sing Along (1) W
1:30 Bingo (1) D
3:00 Fluff & Fold, Puzzles
or Art Sheets
4:00 Classic TV

9 10:00 Morning Devotion
11:00 Hymns
1:30 Classic TV
3:00 Puzzles
4:00 Fluff & Fold
6:00 Hallmark Family Movie

10 9:30 Morning Walkers & Wheelers
10:30 Exercise w/ Bea & Snacks
11:30 Fit Minds & Sing Along
1:00 Book Club Reading
2:00 Music By Billy Mitchell (1) D
3:00 Team Sports & Catch & Kick

11 9:30 Danish & Tea & Chit Chat
10:30 Courtyard Stroll/ Nature
11:30 Snacks & Bodies In Motion
1:00 Relaxing To R&B Soul Music
2:00 Brain Games & Snacks
3:00 Fresh Fruit BINGO

12 10:00 Bible Study & Hymn Singing
11:00 Snacks / Sit And Stretch
1:30 Scenic Bus Ride & Ice Cream
3:00 Visual Trivia Actors & Actress
4:00 Word In A Word
6:30 Me T.V (The Walton's)

13 9:30 Nature Walk in the Courtyard
10:30 Snacks/ Noodle Exercises
11:30 Fluff & Fold / Music
1:00 Audio Book Reading
2:00 Let's Talk About Neighbors
3:00 Finish The Dancing Lyrics

14 10:00 Fit Mind / Guess What, Who
11:00 Walkers & Wheelers/Snacks
1:00 Relaxing Hallmark Movie
2:30 Card Games & Snacks
3:30 Music Sing Along & Dancing
7:00 Wheel Of Fortune

15 10:00 Stretcherise
10:30 Sing Along (1) W
1:30 Bingo (1) D
3:00 Fluff & Fold, Puzzles
or Art Sheets
4:00 Classic TV

16 10:00 Morning Devotion
11:00 Hymns
1:30 World Outreach Church
3:00 Puzzles
4:00 Fluff & Fold
6:00 Hallmark Family Movie

17 **St. Patrick's Day**
9:30 Morning Walkers & Wheelers
10:30 Exercise w/ Marina & Snacks
11:30 Fit Minds & Irish Music
1:00 Book Club Reading
2:00 All Things GREEN & Snacks
3:00 Team Sports & Corn Hole

18 9:30 Cookies & Juice/ Let's Talk
10:30 Courtyard Stroll/Birds, Birds
11:30 Snacks & Bodies In Motion
1:00 Relaxing To Country Music
2:00 Brain Games & Snacks
3:00 Candy Bar BINGO

19 10:00 Bible Study & Hymn Singing
11:00 Snacks / Sit And Stretch
1:30 Scenic Bus Ride & Ice Cream
3:00 Visual Trivia Vegetables
4:00 Word In A Word
6:30 Me T.V (The Walton's)

20 **Spring Begins**
9:30 Nature Walk in the Courtyard
10:30 Snacks/ Noodle Exercises
11:30 Fluff & Fold / Music
1:00 Audio Book Reading
2:00 Let's Talk About Grand Kids
3:00 Finish The Patriotic Lyrics

21 10:00 Fit Mind / Question Ball
11:00 Walkers & Wheelers/Snacks
1:00 Relaxing Hallmark Movie
2:00 Monthly Celebration with
Sentimental Journeys (1) D
3:30 Tennis Balloon Ball

22 10:00 Stretcherise
10:30 Sing Along (1) W
1:30 Bingo (1) D
3:00 Fluff & Fold, Puzzles
or Art Sheets
4:00 Classic TV

23 10:00 Morning Devotion
11:00 Hymns
1:30 World Outreach Church
3:00 Puzzles
4:00 Fluff & Fold
6:00 Hallmark Family Movie

24 9:30 Morning Walkers & Wheelers
10:30 Exercise w/ Kay & Snacks
11:30 Fit Minds & Sing Along
1:00 Book Club Reading
2:00 Music By Roberto (1) D
3:00 Team Sports & Volley Ballon

25 9:30 Donuts & Coffee & Chit Chat
10:30 Courtyard Stroll/Plants
11:30 Snacks & Bodies In Motion
1:00 Relaxing To Hymn Music
2:00 Brain Games & Snacks
3:00 Fresh Fruit BINGO

26 10:00 Bible Study & Hymn Singing
11:00 Snacks / Sit And Stretch
1:30 Scenic Bus Ride & Ice Cream
3:00 Visual Trivia Fruits
4:00 Word In A Word
6:30 Me T.V (The Waltons)

27 9:30 Nature Walk in the Courtyard
10:30 Snacks/ Noodle Exercises
11:30 Fluff & Fold / Music
1:00 Audio Book Reading
2:00 Let's Talk About Family
3:00 Finish The Hymn Lyrics

28 10:00 Fit Mind / Question Ball
11:00 Walkers & Wheelers/Snacks
1:00 Relaxing Hallmark Movie
2:00 Music By Ned (1) D
3:30 Fluff & Fold/ Puzzles
7:00 Wheel Of Fortune

29 10:00 Stretcherise
10:30 Sing Along (1) W
1:30 Bingo (1) D
3:00 Fluff & Fold, Puzzles
or Art Sheets
4:00 Classic TV

30 10:00 Morning Devotion
11:00 Hymns
1:30 World Outreach Church
3:00 Puzzles
4:00 Fluff & Fold
6:00 Hallmark Family Movie

31 9:30 Morning Walkers & Wheelers
10:30 Exercise w/ Keith & Snacks
11:30 Fit Minds & Sing Along
1:00 Book Club Reading
2:00 Finish The Phrase & Snacks
3:00 Team Sports & Ring Toss

LOCATION
D = Downstairs Main Dining Room
W = West Living Room

EVERY WEDNESDAY
at 3:30
"Skipper" the dog visits
in the Commons

ALL ACTIVITIES ARE
SUBJECT TO CHANGE

SUPPLIES ARE
ACCOUNTED FOR AND
STORED AFTER
EACH ACTIVITY

DURATION OF ACTIVITIES:
Each activity lasts for
30 minutes unless noted
otherwise.
(1) = 1 hour