

## June 2025 Independent & Assisted Living Activities

| Sun  | Mon   | Tue   | Wed   | Thu   | Fri  | Sat  |
|--|---|---|---|---|--|--|
| 1 10:00 Morning Devotion W 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E  | 2 10:00 Yoga & Meditation C 10:30 Spin & Solve (1) C 1:30 Visit with "River & JB" C 2:00 Poetry on the Porch 3:00 LCR Dice Game (45min)ACR 6:00 Visit with a Friend W | 10:30 Exercise with Weights C<br>11:00 Learning American Sign<br>Language (ASL) C<br>2:00 Music w/ Billy Mitchell (1) D | 3:00 Sit & Stand Exercise C<br>3:30 Beth & "Skipper" C  | with Weights C<br>10:30 EZ Craft with Bette (1) ACR   | & Manicures C  |  |
| 8 10:00 Morning Devotion W 2:00 Worship with Victory Life Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E  | 10:30 Jeopardy (1) C<br>2:00 Afternoon Tea (1) C<br>3:30 What Would You Do? ACR<br>6:00 Things Dads Love  | 10:00 Leslie & Kittens Visit W 11:00 Learning American Sign Language (ASL) C 2:00 Men's Club (1) E                      | 3:00 Sit & Stand Exercise C   | 12 10:00 Stretch & Workout with Weights C 10:30 Wacky Wordies 11:00 Walk/Sit in the Courtyard 2:00 Sing, Sign, & Say with Mike Haywood(1) W | 11:00 Father's Day IQ Trivia C<br>1:00 Bus Ride (1)<br>2:00 Music w/Ned Harris (1) D<br>3:30 Yoga & Meditation C | 1:30 Bingo (1) D   |
| 15 FATHER'S DAY 10:00 Morning Devotion W 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 "Father's Day Around the World" Word Search ACR | 16 10:00 Visit with "Boomer" C 10:30 Memo Math (1) C 1:30 Group Paint Along "Summery Oranges" (1) C 3:30 LCR Dice Game ACR 6:00 Visit with a Friend                   | 10:30 Exercise with Weights C 11:00 Learning American Sign Language (ASL) C 1:30 Back Porch Social (1) CY               | 10:00 Wal-Mart (90 min) 1:30 Bingo (1) D 3:00 Whole Brain Health (Exercise/Trivia Combo) C  | 19 10:00 Austin's Health  | 11:00 Random Trivia C 2:00 Monthly Celebration with Sentimental Journeys (1) D                                   | 9:30 Art Sheets/Puzzles ACR 10:30 Hymn Sing W 1:30 Bingo (1) D 3:00 Chat in the Gazebo CY 6:00 Word Search ACR |
| 22 10:00 Morning Devotion W 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E   | 10:30 Stickman (1) C 2:00 Resident Ambassador Meeting (1) CR  | 10:30 Exercise with Weights C 11:00 Learning American Sign Language (ASL) C 1:30 Painting w/Purpose (1) ACR             | 3:30 Beth & "Skipper" C   | 10:00 Stretch & Workout with Weights C 10:30 Group Crossword C  | 11:00 Who Am I? C<br>1:00 Bus Ride (1)<br>2:00 Music with Roberto (1) D  | 1:30 Bingo (1) D   |
| 29 10:00 Morning Devotion W 2:00 Worship with World Outreach Church (1) W 3:30 Word Search ACR 6:00 Jigsaw Puzzles ACR/E   | ·   | ALL ACTIVITIES ARE SUBJECT TO CHANGE SUPPLIES ARE ACCOUNTED FOR AND STORED AFTER EACH ACTIVITY                          | LOCATION KEY: C=Commons CY=Courtyard W=West Living Room D=Dining Room E=East Living Room ACR=Arts & Crafts Room CR= Conference Room | DURATION OF ACTIVITIES: Each activity lasts for 30 minutes unless noted otherwise. (1) = 1 hour   |  |  |