

Memorial Day Word Search

R E M S A L U T E S F L A G P
O E L A M A F R E E D O M E A
B A S A C R I F I C E I E M R
E L E P E M A Y C R A T R I A
T T U M E M O R I A L E I L D
H Y R E U C H E R O E S C I E
O U O N S A T E H I N G A T S
C M E R W H I S O H S U S A H
R E M E M B R A N C E R W R O
E C M D A L F E O D R E H Y L
S T H E R O S A R A V T I E I
O R I A T E M E L Y I T T M D
S O L D I E R S R L C E E I A
T O C O L E R F R E E C B A Y
I T M O N D A Y D O T N U E L



AMERICA
BLUE
CEMETERY
FALLEN
FLAG
FREEDOM
HEROES

HOLIDAY
HONOR
MAY
MEMORIAL
MILITARY
MONDAY
PARADE
RED

REMEMBRANCE
RESPECT
SACRIFICE
SALUTE
SERVICE
SOLDIERS
WHITE



Mennowood News

Mennowood Retirement Community
13030 Warwick Boulevard / Newport News, VA / 757-249-0355



MANAGEMENT TEAM

Thelma Shaffer
Administrator

Brenda McCullen
Director of Nursing

Kierra Baker
Business Office Manager

Michele Ryba
*Director of
Community Relations*

Tina Kotlark
*Director of
Dining Services*

Emily Bartgis
*Director of
Marketing & Admissions*

Chrissy Bell
*Director of
Life Enrichment*

Curtis Shaw
*Director of
Maintenance &
Environmental Services*

RESIDENT OF THE MONTH



*Join us as we celebrate
May Birthdays,
Resident of the Month,
and New Residents at
the "Monthly Cele-
bration"
on **Friday, May 23rd**
at 2:00 in the
Dining Room.
Entertainment by
Ned Harris.*



It is a pleasure to announce Gloria Metzger as Resident of the Month!

Gloria was born in Portsmouth, VA, but lived most years in Hampton, VA. She joined the Mennowood family in July of last year.

Mrs. Metzger and her late husband of 64 years, Donald, have 2 daughters, 6 grandchildren, and 10 great-grand children! She has a very interesting story of how she and Donald met, but you will have to ask her to tell the story.

Gloria has camped around the United States 4 times! She enjoys movies, music, reading, painting, and faith-based activities such as prayer meeting, worship services, and hymn singing.

CONGRATULATIONS GLORIA!

WE LOVE YOU!

A Mom-entous Occasion

Celebrated with great enthusiasm in the United States, Mother’s Day falls on Sunday, May 11. And why shouldn’t it be celebrated so enthusiastically? Where would we be without our mothers? The fact is we would not *be* at all.

Anna Jarvis is known as the mother of Mother’s Day, for she so adored her mom that she campaigned for a holiday to celebrate all mothers. Jarvis herself never married nor had children, but this didn’t stop her from lobbying those in power to set aside a day to honor mothers. By 1911, almost every state in America was celebrating Mother’s Day, and on May 9, 1914, U.S. President Woodrow Wilson declared the second Sunday in May to be Mother’s Day.

In the United Kingdom, a holiday honoring motherhood dates back much further than 1914. In the 1600s, the fourth Sunday of Lent was dedicated as Mothering Sunday. Church services were devoted to the Virgin Mary, and families were encouraged to attend services not at their local parish but to return to their larger “mother” church, or cathedral. Also, in a time when many servants worked in the homes of the rich away from their own families, these servants were allowed time to return home and visit their mothers. The tradition of Mothering Sunday largely died out in the 19th century, but when American servicemen flooded Europe during World War II—bringing their American Mother’s Day holiday with them—Mothering Sunday became popular once again.

Whatever the month and whatever the country, many cultures have understood the importance of honoring motherhood. Whether you give the mothers in your life a carnation, a greeting card, or a special simnel cake loaded with fruit, what matters is thanking and honoring all mothers for the miraculous gift of birth.

Racing Across the Centuries



Each May since 1912, runners have been sprinting from San Francisco Bay to the Pacific Ocean in San Francisco’s Bay to Breakers road race, proudly hailed as the oldest footrace in America. But the Thanksgiving Turkey Trot in Buffalo, New York, has been held continuously since 1896—five months longer than the Boston Marathon, which first took place in April 1897. And Buffalo’s cross-border neighbors in Hamilton, Ontario, are host to the Around the Bay Road Race—first held in 1894 and canceled only during World War I and from 1925 to 1935. The world’s oldest running race may have been at Greece’s Olympic Games, kicked off in 776 BC. Other notable races include Italy’s Palio del Drappo Verde, first held in 1208 and run for 590 years until the French invaded Italy in 1798, and Scotland’s Red Hose Run, which has taken place continuously since 1508, interrupted only by plague and war.

Ladies “Spa”

Enjoy hand care with Mary Kay Consultant, Sherry Armstrong and manicures by our Life Enrichment team on **Friday, May 9th at 2:00 pm in The Commons**

Mother’s Day Tea

ALL Mennowood ladies, whether a mother or not, are invited to join us for tea and goodies on **Sunday, May 11th at 2:00 pm in the Commons**

Men’s Club

Join Volunteer, Jim McLeod, on **Tuesday, May 13th at 2:00** in the East Living Room for Part 2 of the Civil War video viewed in April.



“Horticulturally, the month of May is opening night, homecoming and graduation day all rolled into one.” – Tam Mossman



- 5/1 Gloria Metzger**
5/2 Bob Tankard
5/16 Helen Thiessen
5/19 Laverne Massey
5/23 George Pearse
5/24 Frances Tobler
5/30 Candy Rhody
5/31 James Johnson
5/31 Lucille Metzner
- Birthstone: Emerald**
Birth Flower: Lily of the Valley

Wild Birds Unlimited

Michelle Schopp, Community Outreach Coordinator for Wild Birds Unlimited will host a presentation on **Monday, May 19th at 2:00 pm in The Commons**

